

610.5
M633
A35

OCT 22 1925

MILBANK MEMORIAL FUND. N. Y.
QUARTERLY BULLETIN
NEW YORK HEALTH DEMONSTRATIONS
Vol. III OCTOBER 1925 No. 3

HEALTH EDUCATION *in* SYRACUSE

by LOUISE FRANKLIN BACHE, *Assistant Director*
Bureau of Health Education, Syracuse Health Department

THE term "health education" is used to define a field, the boundaries of which extend over a vast amount of territory. In the Syracuse Health Demonstration everything is called health education which has to do with giving instruction regarding health to the residents of the City. Daily news items, editorials, motion pictures, lectures, educational courses in the schools, exhibits, parades, magazines, bulletins, circulars, posters, advertisements, photographs, cartoons and a host of other things are used and come under this short but comprehensive heading.

The machinery used to carry out the health educational program under the Syracuse Health Demonstration includes (a) a Bureau of Health Education in the Department of Health, with a staff consisting of a physician employed as part-time director, whose duty it is to see that the medical and health content of all articles and material issued is correct; a full-time assistant director, trained in publicity and advertising, whose duty it is to put the technical material into popular form, and a full-time stenographer; (b) a

director of health education in the public schools and a similar director in the parochial schools; and (c) a director of health education on the staff of the Onondaga Health Association. Each of these various workers in health education has a somewhat different audience before whom to make his appeal. This involves, of course, the use of devices and methods of publicity as dissimilar as the audiences.

*The Bureau of Health
Education*

The first step taken by the Bureau of Health Education of the Department of Health was the adoption of a definite program. For instance, for the coming year the Bureau has five

major subjects which it will stress; namely, periodical health examinations, diphtheria prevention, pre-natal care, child welfare, and control of tuberculosis. About these will be built much of the publicity. During 1924, a total of \$14,457.69 was spent in health education work by this Bureau. The total spent on special demonstration activities in the City of Syracuse, including its work in the Department of Public

THE success of any community-wide crusade for disease prevention and health conservation rests finally with the desire for health on the part of the individuals who constitute the community—and upon their willingness to avail themselves of the assistance which modern medical science has placed within their reach.

Even to persuade all of a neighborhood's sick to consult a physician or to attend a clinic, is often difficult. To persuade those who are well and those who, though sick, believe they are well to incorporate into their habits of life but one physical examination annually, is perhaps more difficult.

Instruction and the Onondaga Health Association, was \$110,925.74.

As important as a definite program is in health work, it is

equally valuable that it be of a nature which can be readily put aside when some special subject demands timely publication.

REFERRING to the program of popular health education which is being undertaken in connection with the Syracuse Health Demonstration, Dr. W. S. Rankin, when Field Director of the Committee on Municipal Health Department Practice of the American Public Health Association said that "it is doubtful whether any better piece of work of this sort is being done anywhere." The accompanying article is of interest, therefore, because it gives an account of how this activity, which is basic in any community health campaign, is being carried out in the demonstration in Syracuse, a city of some 190,000 population.

One of the rules of the Bureau of Health Education is never to print any literature, to be used for any purpose, unless it be put up in such an attractive form that it carries with it some assurance of being read. Printing, spacing, art work, contents, — all of these are given much thought before the matter is ready for publication. The psychol-

ogy of color, the size and kind of type, spacing, illustrations, forms of publication vary with the audiences served and are deemed quite as important as the subject matter itself.

The Bureau of Health Education acts in an advisory capacity to the other twelve bureaus of the Department of Health. It prepares their printed matter and publicity and aids them in their special campaigns and exhibits. It is the aim of the Bureau to place information on health subjects and news concerning the progress of the demonstration before

every person in Syracuse. To do this it resorts to various methods and devices. For physicians and health workers, publicity material assumes a concise and more or less conservative form. This is illustrated in the weekly bulletins of the Department of Health in which are set forth the mortality and disease records of the City with pertinent current information. For others who help to mold public opinion, such as the clergy, educators, club workers and leaders in commercial and social lines, there is published more popular material than that which might naturally be expected to interest a group more conversant with health subjects. It is with this latter audience in mind that "Better Health," a bimonthly magazine, is printed. This magazine is illustrated and deals with the work of the agencies in the demonstration and of other organizations in the city engaged in health activities. Editorials in the daily papers discussing the more important phases of health work appear at frequent intervals, and are of special interest to this particular group. Special surveys on child health, industrial health and venereal diseases have also been made by outside experts brought to Syracuse through the demonstration. These surveys have been published in pamphlet form, and limited in circulation to a more or less technical group.

To reach the general public, wide use is made of the newspapers. Articles are published to furnish health news, to give information and practical advice on health subjects and to supply entertaining reading material. In this latter class falls a series of weekly stories entitled "Little Stories about Health." These stories, popular in tone, are built about an imaginative character, Mrs. Wise, who brings to the attention of her good neighbor, Mrs. Smith, certain truths which the Department of Health wishes to broadcast. Similar to this is a series of illustrated health stories for children. These

follow the program of health education that is being given in the public and parochial schools under the demonstration.

Advertisements are inserted from time to time in the local newspapers calling attention to some special feature of health work. In the main, however, there has been little resort to paid newspaper advertising in the demonstration. Special health numbers published by two of the local papers during the past winter and spring might be cited as the most successful experience had with advertising of this kind. One number dealt with general health, one with child health, and a third with health during the summer months. Each newspaper permitted the Bureau of Health Education to furnish the health articles, to supervise all printed matter and to pass judgment on all advertisements. Many advertisers in the health field took space in the issues. The Department of Health in return paid for a half page advertisement in each paper. These numbers were judged successful from the standpoint of both the public and the advertisers.

The Bureau of Health Education maintains a Speakers' Bureau and issues a handbook listing available speakers on health topics and the subjects of their talks. This handbook is sent to all clubs, churches, factories and schools in the City. Popular and scientific subjects as well as health talks

Wallcards, giving ten rules for the promotion of better health and longer life, have been issued by the Onondaga Health Association, and are being distributed to individuals and to commercial organizations in Syracuse.

To be placed up in the home or workplace

HOW TO LIVE 100 YEARS

Health Rules Suitable for Most Adults

- 1 Breathe fresh air, both day and night.
- 2 Exercise your larger muscles regularly every day.
- 3 Look upon over-fatigue as your enemy, and upon rest as your friend. Take at least eight hours of sleep. (The Voice of Wisdom says to turn off the radio about 10 o'clock.)
- 4 Drink plenty of water—at meals and also between meals.
- 5 Eat temperately, partaking of vegetables and fruit for "roughage" and health's sake, and sparingly of meat and sugar. Avoid overweight.
- 6 Have regular bowel habits.
- 7 Avoid infection from both outside and inside sources. Make a thorough recovery from colds and sore throat.
- 8 Wash your hands before eating. (That the teeth are to be cleaned right and morning is taken for granted.)
- 9 Think wholesome thoughts. Face unpleasant situations frankly and sensibly, and don't worry. Keep up your play spirit.
- 10 Have a Health Examination by your physician each year; ask his advice and follow it.



THE ONONDAGA HEALTH ASSOCIATION
Participating in
THE SYRACUSE HEALTH DEMONSTRATION



and stories for children are included in its subject matter. On occasions such as large mass meetings, national and state



A health poster contest was a feature of the health education program carried out in the public and parochial schools during the 1924-1925 school year. An exhibit of these contest posters drew large numbers of visitors to the Syracuse Art Museum.

might be cited the Children's Health Parade, now an annual spring event in Syracuse. This parade is put on by the Bureau of Health Education with the cooperation of the directors of health education in the public and parochial schools and such agencies of the Community Chest as are engaged in health work. The parade therefore illustrates in pictorial form all the health work being done for children in the City of Syracuse and serves to drive home to a vast

authorities on health topics are sometimes brought to the City. With a motion picture machine purchased by the Bureau, and the kindly cooperation of the State Department of Health in the matter of films, the Bureau has been able to reach among others many foreign and native born American audiences to whom the unillustrated lecture does not appeal.

For those who are not inclined to read the newspapers, either for lack of time or lack of interest, exhibits play their part. Among these

"street audience" the value of health work in the schools under the demonstration.

This year's parade, which extended through a mile of the City's streets, cost in the neighborhood of \$200. It is difficult to think of a way in which the same amount of money could be used to purchase as large a volume of helpful publicity.

The radio has been used by the Department of Health in its work in the demonstration. It has been found best for our purposes to have the health talks short, to procure speakers whose voices carry well over the radio, and to make the programs as popular as possible. Health stories told at bedtime have been found a popular way of broadcasting. Often a radio station will agree to a series of health hours if music or other special features are introduced. We have tried the latter experiment in Syracuse and found that it worked most effectively.

With the help of the National Health Library and the Syracuse Public Library, there have been published by the demonstration two lists of health books, one for children and one for adults. The library has a special collection of books

Most of them adapted by the use of scissors, paste and ink from pictures appearing in current magazines, these posters, made by Syracuse school children, have been useful in illustrating health lessons in the classrooms.



on health which, placed in a favorable location in its reading room, serves to arouse interest in health subjects. For that



Under a yearly contract, some 300 copies of the Onondaga Health Association car cards like the two shown here are displayed in trollies in Syracuse and suburban districts. Others are posted in factories, offices, store windows, schools and diverse public places.

part of our audiences which is found in factories, large business houses, et cetera, extensive use has been made of news bulletins and pictorial posters. Health literature of a popular nature is supplied to the various factory reading rooms.

In reaching the children of Syracuse, the Bureau works in close co-operation with the directors of health education in the public and parochial schools. It has been found that primary colors, large type, wide margins, simple, understandable subject matter, and paper that does not absorb dirt readily are factors to be considered in arranging children's publications.

Health Education in Public and Parochial Schools

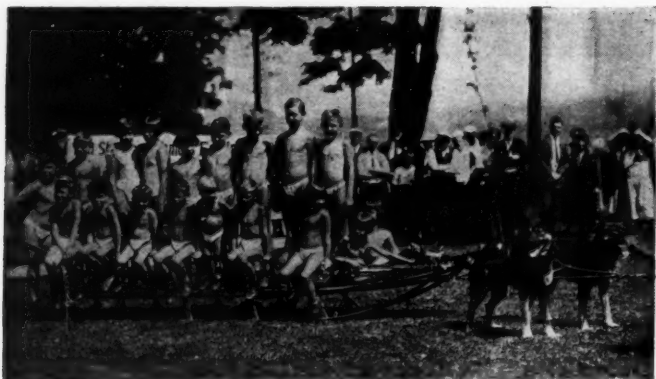
A health education campaign is being carried out in the public and parochial schools of Syracuse through the use of a definite course of instruction. It owes its success largely to the splendid co-operation existing between these two systems and their respective directors of health education who together worked out the course. To reach the school group the following methods have been employed:

In the fall, the teachers are given outlines for each grade,

together with illustrative material such as posters, charts, rhymes and games. In the first grade in the public schools, use is made of pictures in teaching the health habits. Words like "milk," "clean," "bed" and "early" are built of letters by the children at their desks, and inspections for cleanliness are a part of the regular classroom exercises. One day teeth are emphasized; another, hands, and another, finger nails, et cetera. Banners are given as prizes to the classes which have made the greatest efforts along health lines. In the second grade, health rhymes, scrapbooks with pictures illustrating health truths and simple lessons in health are a part of the established course. In the third grade, health takes on new angles. Health plays are produced. The story of milk is developed through pictures according to the project method. The fourth, fifth and sixth grades make health posters their special project.

Grade school pupils in the public schools take much interest in the health clubs which have been organized by them. There are forty-five such clubs at present. Each club has a president and the meetings are conducted in true parliamentary order. The children report on the observance of standard health rules. In order to help the children who are underweight, nutrition classes have been organized in the public schools. Through these classes the children who need it are given more intensive instruction in health habits and diet. Their homes are visited and an attempt is made to teach the mothers the importance of having their children in the best physical health. Dental hygienists do all they can to awaken the children's interest in the subject of teeth and ways to keep them clean and strong.

In both the public and parochial school systems, health in some instances is taught as a special subject and in others the correlation method is used. For instance when geog-



To create public interest in the diphtheria immunization campaign in Syracuse, two parades held there recently featured with his Eskimo dog team, Willard J. Shannon who helped carry diphtheria antitoxin to Nome during an epidemic there of this disease last winter. The dog-team carried a supply of toxin-antitoxin received from Health Commissioner Farmer at the City Hall to two diphtheria immunization clinics. The dogs are shown here with patients of the

raphy is studied, the various grain and other food belts are discussed, and their importance to man. In arithmetic, problems are often arranged with a health background. English brings with it composition on health subjects; spelling, words connected with health lessons; and drawing, posters illustrating rules of health. Correlation is found to be the most successful method of teaching health. It is natural that the manner of presentation of health lessons should differ somewhat in the public and parochial school systems, although in the main the same program is followed.

Contests based on a spirit of good natured rivalry have been found effective. This year a poster contest in which the children of the public and parochial schools took part was arranged. An exhibit of the posters at the Art Museum brought out the largest number of visitors ever registered.

So far health education has been introduced only into the



Tuberculosis Sanatorium as passengers. The team also visited Cattaraugus County to take part in the health demonstration there, and carried toxin-antitoxin to the schools in Ellicottville, Cattaraugus and Franklinville. The school physician in each of these communities gave immunization treatments to the children whose parents had consented to their immunization under the impetus of the interest aroused in this manner.

elementary and junior high schools in the public school system and in the elementary schools alone in the parochial school system, although talks and illustrated lectures have been given in both public and parochial high schools.

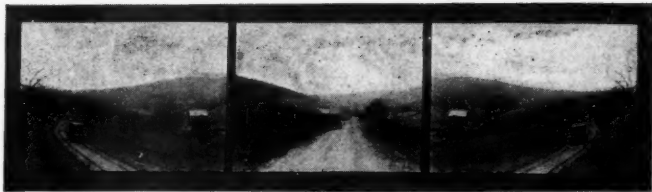
The Onondaga Health Association

As one of the three agencies participating in the Syracuse Health Demonstration, the Onondaga Health Association has carried on various special projects in the spreading of health propaganda in the city. The popular exhibit field is more carefully covered by it than by the other two agencies in the demonstration. The Association has found out that in this special type of activity, popular window exhibits yield some of the best results. Use therefore has been made of such devices as the automatic health clown; the milk-fed and non-milk-fed rooster advertising the food value of milk; the doll who drinks milk, and the exhibits of health posters made by

the children of the county schools. One of the recent publicity features of the Association was a parade in which were featured the Eskimo dogs which made the first lap of the famous trip to Nome, Alaska, last winter, carrying diphtheria anti-toxin. The dogs and their driver, with two floats of children immunized against diphtheria in the clinics of the Department of Health and the demonstration, and standard bearers with banners displaying fitting health slogans, constituted the parade which attracted much attention and served to emphasize the value of diphtheria immunization.

Public speaking has been used as one of the means of disseminating health knowledge by the Association. The street car advertisement in poster form is used. Both from art work and typographical standpoints these posters have been designed to solicit interest of the "man who reads as he travels." They are changed at intervals varying from four to eight weeks. Copies of the same poster are distributed in the factories, offices, stores, schools and other public places. In securing the subject matter for the posters, the Association has endeavored to adapt them to the seasonal needs and to the demonstration program as a whole. Some of them, as one on daylight saving, have only temporary value; while others, like one on spitting, have a year round use. In order to place emphasis as much as possible on the subject matter, the name of the Association has been purposely kept in the background. For the sake of effectiveness some of the posters are printed over the name of the Department of Health.





HEALTH EDUCATION *in* CATTARAUGUS COUNTY

by JOHN ARMSTRONG,

Director of Health Education and Publicity

Cattaraugus County Health Demonstration

ONE of the chief aims of the program of health education which is being carried out in Cattaraugus County has been to present to the people of the County the story of what has been done and what is being done to control disease and to promote health through the rural health demonstration. Activities in the field of health education and publicity thus entailed have not been carried on as a separate function of the County Board of Health but by the Executive Secretary of the Cattaraugus County Tuberculosis and Public Health Association, who has served as Director of Health Education and Publicity for the demonstration.

Special emphasis has been placed on reaching the audiences of the fourteen newspapers in the County. Health letters on such subjects as tuberculosis, health examinations, control of smallpox, diphtheria, typhoid, infant care, the pre-school child, the school child, health and nutrition, have been submitted weekly to these papers. Editors have co-operated liberally in publishing them, and in printing many releases of news about demonstration activities.

Many meetings held in various parts of the County have had as their purpose the creating of a general interest in the



Some 250 Cattaraugus County children attended the recent summer health camp conducted in the Allegany State Park over a six-weeks period. The camp is under the direction of the Cattaraugus County Tuberculosis and Public Health Association. (Page 17.)

demonstration, or in some special phase of it. Fraternal and social organizations of many kinds have co-operated in this way in bringing to the people of the County a message of health and an explanation of the aims of the demonstration. Members of the demonstration staff have spoken at such gatherings. Two dinner meetings were arranged recently in conjunction with the Kiwanis Club. The speakers on this occasion were Dr. Milton J. Rosenau of Harvard University and Homer Folks of New York. Many similar gatherings have been held in churches and schools; women's clubs have provided for health addresses upon their programs; and other organizations such as the Farm and Home Bureaus, the Grange, the Young Men's Christian Association, the Boy Scouts, the Holy Name Societies of the Catholic Churches, and men's brotherhoods and clubs in the Protestant Churches have co-operated in this way.

Moving pictures have played an important part in health education in the Cattaraugus County Health Demonstra-

tion. Among pictures used in the County were the Metropolitan Life Insurance Company's film, "Working for Dear Life"; the John Hancock Mutual Life Insurance Company's film, "Preventing Diphtheria"; and "Well Born," "Our Children," "The Fly," "Jinks."

An exhibit of the demonstration activities has been held each year at the county fair held at Little Valley. Floats have been entered in parades held recently in Cattaraugus, Franklinville, and Little Valley. Original posters were prepared for use in advertising maternity and child hygiene and nutrition activities. Exhibits in the interest of the mothers' health clubs are also placed in key places in all of the health administration districts.

The purchase of a Normandie Manikin and an opaque projector and daylight screen has aided materially in the educational work in the campaign for the toxin-antitoxin treatment for immunization from diphtheria and in the dissemination of information on the work of the County Board of Health and of the demonstration in general. Parent-Teachers Associations and other organizations have joined with the County Tuberculosis and Public Health Association in presenting the value of toxin-antitoxin treatment to parents.

This automaton, dressed in a clown's suit of yellow and black, rolls its eyes, moves its lips and nods its head as it attracts the attention of those who pass to the series of health messages contained in its kit. Manikins dressed in nurses' costumes are also used to interest onlookers in health maxims.



NEWS DIGEST

of the NEW YORK HEALTH DEMONSTRATIONS

GETTING the man who needs information about his health to read it, said Elihu Root at the last meeting of the Milbank Memorial Fund's Advisory Council, is perhaps the greatest problem with which the public health crusader has to cope. Editorial writers in many quarters of the United States have elaborated upon Mr. Root's thought. Typical of this supporting opinion, is that of the *Reading (Pa.) Tribune* which in a recent issue adds that the man who needs advice never has listened to it—except by reiteration. "A tremendous amount of energy must be spent in saying the same thing over and over again," continues the *Tribune*, "before intelligent men and women fully grasp it."

“ADVERTISERS know that the only way to keep an idea alive is by reiteration. . . . Insurance charts

show that the average length of life is slowly but steadily increasing. Therefore the average standard of health and happiness must be increasing. Educational work done by state health departments and municipalities have been an important factor in bringing this condition about. The eagerness with which newspaper articles by eminent physicians are read is indicative of the trend. Of course, people want to obtain health with the least possible effort, but the business of making them realize how much that least possible effort means is by no means hopeless.

"Many communities have organized for group advertising—the advertising of the whole community rather than any one particular enterprise. It has paid. Why could not the community profitably use publicity methods for keeping up its chief asset—the health of its citizens?"

The RURAL HEALTH DEMONSTRATION
in CATTARAUGUS COUNTY, NEW YORK

WITH the opening of schools in September, there was initiated the program which will be carried out as a part of the health demonstration in the schools of Cattaraugus County during the school year, 1925-1926. The program was outlined by Dr. Stephen A. Douglass, County Health Officer and Director of the demonstration, and Dr. C. A. Greenleaf, Director of the County School Health Service in consultation with members of the Technical Board of the Milbank Memorial Fund, including Dr. Livingston Farrand, Homer Folks, John A. Kingsbury, Dr. James Alexander Miller.

The program adopted is based on experience in carrying on this phase of the demonstration during the past two years and on observation of similar work in other places. The Director of the Bureau of Tuberculosis of the Cattaraugus County Board of Health, who at the request of the

County School Health Service examined many underweight children in the schools in 1924-1925, estimated that approximately 3,000 of the 15,000 pupils enrolled in the schools of the County at that time were 10 per cent or more underweight for height and age. The overcoming of conditions found as a result of these examinations calls for the application of thorough methods in school medical service and for the cooperation of both teachers and parents in carrying out the program inaugurated.

AN enrollment of 250 children was reported during the past summer at the children's health camp conducted by the Cattaraugus County Tuberculosis and Public Health Association in the Allegany State Park. A trained nurse was in constant attendance at the camp and physical examinations of the children were made daily. There was no serious sickness in camp, and

no child required the services of a physician. Five dental clinics were held during the camp period, and instruction was given the children on food and health habits. Excellent gains in weight were made by the majority of the campers. A girl led the list with a gain of nine and one-half pounds. Another girl gained seven pounds, and one boy six and one-quarter pounds.

A grant of \$5,000 has been made to the Association by the Milbank Memorial Fund for the erection of a permanent pavilion at the camp. The erection of the pavilion will virtually make a preventorium of the camp.

THE Nurses Committees, organized among the laywomen in the nursing districts of Cattaraugus County, are proving valuable factors in securing the co-operation of the public health nurses. Committee meetings held during July in Cattaraugus Village, Franklinville and Ellicottville were attended by large audiences of interested people.

During the summer, the Ellicottville Nurses Committee held a public dinner meeting,

which was attended by 160 representative residents of the district. A. M. Laidlaw, District Attorney of Cattaraugus County, presided at the meeting, at which Dr. A. C. Burnham of the State Charities Aid Association spoke on the subject of community health. Brief accounts of different phases of the rural health demonstration work under way in the County, were given by members of the demonstration staff.

The Franklinville Committee has inaugurated a baby welfare program in that district.

In many instances posters issued to advertise coming health meetings in Cattaraugus County are also used for spreading health propaganda.

POPULAR LECTURE ON PREVENTION OF DIPHTHERIA

**M. E. Church, Farmersville Sta.
Wednesday, May 20, 8 P. M.**

SPEAKER—DR. JOSEPH P. GAREN

Director Cattaraugus County Laboratory

Short talks on work of the Health
Demonstration.

THE PUBLIC IS INVITED

Every parent should attend and hear the lecture to learn of the Toxin-Antitoxin treatment, which, while harmless to the child, prevents him from contracting diphtheria. The value of the treatment has been clearly proved in thousands of cases.

COME TO THE MEETING

The URBAN HEALTH DEMONSTRATION
in the CITY OF SYRACUSE, NEW YORK

THERE was a notably small number of infant deaths in Syracuse during the month of July, according to Dr. George C. Ruhland, Deputy Health Commissioner and Director of the Syracuse Health Demonstration. "Only eleven babies died during the month, compared with twenty-two for July of last year, at that time the record for any July," Dr. Ruhland reports. "In fact, since 1920, no month has had fewer than sixteen infant deaths. No doubt certain allowance for this unusual record must be made because of the cool weather which prevailed throughout the month. It should be noted, however, that July, 1924, had similar advantages of temperature."

Commenting on the fact that for a period during the month of July, 1925, the census of the Syracuse communicable disease hospital was depleted, the Waterbury (Conn.) *Sunday Herald*, July 26, 1925, said editorially: "Health authorities

of Syracuse are entitled to feel pleased over the fact that there are no patients in the municipal communicable disease hospital at the present time, whereas in July of past years there have been thirty or more patients there. With a population of 190,000 it is remarkable that the contagious disease hospital should be entirely destitute of patients."

FOUR cases of diphtheria were reported in Syracuse during July of this year, as against sixteen cases of this disease reported in the City in the same month in 1924. Records of the Bureau of Communicable Diseases show that from 1919 to 1923, inclusive, there was an average of 27.8 cases of and 1.4 deaths from diphtheria during July in these years, whereas there were no deaths from this cause during July 1924, and July 1925.

A diphtheria immunization campaign, especially inaugurated for the protection of pre-

school children, has been conducted by the Health Department of Syracuse during the summer of 1925.

A TRAIN ticket to "No-Diphtheria-Town on the Health Road," issued by the Metropolitan Life Insurance

Company, has also been distributed in the City by life insurance company representatives, and by physicians and through the immunization clinics. These "tickets" are provided with spaces for the recording of the dates on which toxin-antitoxin treatments and the final Schick test are given the bearer.

A letter addressed to the physicians of the City by Dr. Thomas P. Farmer, Health Commissioner of Syracuse, asked their co-operation in the special campaign, recommended the use of the "tickets," and

requested that the Department of Health be provided with a record of the number of children immunized as a result of these efforts. A supply of "tickets" were sent physicians who received this letter.

THE CONDUCTOR on this trip, the physician, will record the date of arrival as each little traveler reaches the various stations in his journey.

STATION
No. 1 } Arrived _____

I have reached the first station because I have had my first treatment of toxin-antitoxin. Now I must have two more to reach

NO-DIPHTHERIA-TOWN

STATION
No. 2 } Arrived _____

Now I'm at Station No. 2. I've just had my second injection, one week after my first. It doesn't hurt at all. Traveling this way is real fun.

STATION
No. 3 } Arrived _____

I'm almost there! Today I had my third treatment. This is my last. Just one week ago I had my second treatment. Honest, I'm feeling fine!

STATION
No. 4 } Arrived _____

Hip! Hip! I'm in NO-DIPHTHERIA-TOWN
How do I know? Why, six months after my last injection I had the Schick test to prove I was safe from Diphtheria.

TRAIN TICKET
TO
No-Diphtheria-Town



DO NOT LOSE THIS TICKET

A STUDY of epilepsy cases in Syracuse was inaugurated in August, 1925, under the auspices of the Onondaga Health Association. The work was carried on by Miss Jane Griswold of Syracuse, who volunteered her services for the work. About thirty putative cases had been investigated by the end of August. Assistance

is being given where needed.

MISS Helen L. Ryan, who has been serving as special advisor for health work at Hatteras, North Carolina, has been appointed Director of Health Education for the Onondaga Health Association, entering upon her new duties early in September.

The METROPOLITAN HEALTH DEMONSTRATION
in the BELLEVUE-YORKVILLE DISTRICT of the
CITY OF NEW YORK

THE intensive campaign for vaccination against small-pox recently conducted in the Bellevue-Yorkville District of the City of New York included the addressing of letters to the social, welfare, health and labor organizations operating in the district, to physicians whose offices are located within its boundaries, and to life and compensation insurance companies, requesting their cooperation in the drive. As a result, the Metropolitan Life Insurance Company recently distributed to their policyholders here, 15,000 copies of a letter, addressed to residents

of the district by Dr. Frank J. Monaghan, Commissioner of Health, and advising immunization against this disease.

A canvass has been made by the nurses of the Department of Health of the City of New York and by representatives of agencies belonging to The Community Health Council, such as the Association for Improving the Condition of the Poor, the New York Diet Kitchen, the Henry Street Settlement, and the Maternity Center Association, to give information to residents of the district concerning the need for vaccina-

tion, to distribute literature, and to advise those desiring protection how, when and where the vaccination service may be obtained. In every instance those who can afford to pay for the service are urged to secure vaccination from their family physician.

VACCINATION service has been offered every afternoon, except on holidays and Sundays, at the four Baby Health Stations of the Department of Health located in the district—doctors and public health nurse assistants made available by the Bureaus of Preventable Diseases and Child Hygiene being in attendance at each clinic. There had been 716 vaccinations given residents of the district at the end of the fourth week of active operation, according to reports made September fifth. These did not include a substantial number of vaccinations in private offices of physicians, at the Health Department headquarters, and at forenoon clinics of the Baby Health Stations which will be determined later.

The use of campaign buttons bearing the slogan "Protected by Vaccination. Are

you?" and the seal of the City of New York, which were distributed to all who were vaccinated proved an excellent factor in obtaining publicity for the movement.

Dr. John Oberwager, Assistant to the Commissioner of Health, was in charge of the publicity for the campaign. Dr. William H. Park, Dr. Louis I. Harris, Dr. J. L. Blumenthal and Dr. Shirley W. Wynne of the Health Department and Dr. Leverett D. Bristol, Executive Officer of the demonstration co-operated in outlining the general plans for making vaccination facilities available.

DR. Shirley W. Wynne, who has been serving as Acting-Director of the Bureau of Hospitals, was recently, as the result of a competitive examination in which he obtained first place, appointed Director of the Bureau of Hospitals, by Health Commissioner Dr. Frank J. Monaghan. Dr. Wynne has been a member of the Health Department since 1907, and is now one of the Advisory Medical Officers of the Bellevue-Yorkville Health Demonstration.



**SUPERVISORY AND OPERATING AGENCIES OF THE
NEW YORK HEALTH DEMONSTRATIONS**

STATE CHARITIES AID ASSOCIATION

State Committee on Tuberculosis and Public Health

(Designated by the Milbank Memorial Fund as the Organizing and Supervisory Agency for the Cattaraugus County and Syracuse Health Demonstrations.)

Executive Staff

HOMER FOLKS, *Secretary*

GEORGE J. NELBACH, *Executive Secretary*

A. C. BURNHAM, M.D., *Assistant in Preventive Medicine*

CATTARAUGUS COUNTY HEALTH DEMONSTRATION

County Board of Health

JOHN WALRATH, *President*, Salamanca

MYRON E. FISHER, M.D., *Delevan*

WILLIAM C. BUSHNELL, *Little Valley*

M. L. HILLSMAN, M.D., *Little Valley*

WILLIAM A. DUSENBURY, *Olean*

J. W. WATSON, *New Albion*

MISS LILLA C. WHEELER, *Portville*

STEPHEN A. DOUGLASS, M.D., *County Health Officer*

WILLIAM C. JENSEN, M.D., *Tuberculosis Consultant*

J. P. GAREN, M.D., *Director of County Laboratory*

County School Health Service

C. A. GREENLEAF, M.D., *Director*

County Tuberculosis and Public Health Association

C. A. GREENLEAF, M.D., *President*

JOHN ARMSTRONG, *Executive Secretary*

SYRACUSE HEALTH DEMONSTRATION

Syracuse Health Department

THOMAS P. FARMER, M.D., *Commissioner*

GEORGE C. RUHLAND, M.D., *Deputy Commissioner*

GEORGE M. RETAN, M.D., *Director, Bureau of Child Hygiene*

H. BURTON DOUST, M.D., *Director, Bureau of Tuberculosis*

A. CLEMENT SILVERMAN, M.D., *Director, Bureau of Communicable Diseases*

O. W. H. MITCHELL, M.D., *Director, Bureau of Health Education*

H. N. JONES, *Director, Bureau of Laboratories*

SCHUYLER P. RICHMOND, M.D., *Director, Bureau of Venereal Diseases*

Health Service, Department of Public Instruction

MRS. EDWARD L. ROBERTSON, *President, Board of Education*

PERCY M. HUGHES, *Superintendent of Schools*

JOSEPH C. PALMER, M.D., *Director, School Health Service*

The Onondaga Health Association

WILLARD W. SEYMOUR, *President*

ARTHUR W. TOWNE, *Secretary*

Citizens' Committee on the Syracuse Health Demonstration

GILES H. STILWELL, *Chairman*

COMMUNITY HEALTH COUNCIL

Including the New York City Department of Health

BELLEVUE-YORKVILLE HEALTH DEMONSTRATION

in THE CITY OF NEW YORK

Officers of the Council

HON. FRANK J. MONAGHAN, M.D., *Chairman*

ALTA E. DINES, R.N., *Secretary*

JOHN J. MCGRATH, M.D., *First Vice-Chairman*

JAMES ALEX. MILLER, M.D., *Chairman of Executive Committee*

LILLIAN D. WALD, R.N., *Second Vice-Chairman*

BAILEY B. BURRITT, *Chairman of Interim Committee*

Executive Staff

WILLIAM H. PARK, M.D., *Medical Officer*

LOUIS I. HARRIS, M.D., *Advisory Medical Officer*

J. L. BLUMENTHAL, M.D., *Advisory Medical Officer*

SHIRLEY W. WYNNE, M.D., *Advisory Medical Officer*

LEVERETT D. BRISTOL, M.D., *Executive Officer*

MILBANK MEMORIAL FUND
BOARD OF DIRECTORS, OFFICERS
AND BOARDS OF COUNSEL

Board of Directors

CHAS. M. CAULDWELL, M.D.	JOHN G. MILBURN
THOMAS COCHRAN	GEORGE L. NICHOLS
ALBERT G. MILBANK	ELIHU ROOT
	EDWARD W. SHELDON

Officers

EDWARD W. SHELDON, *President*
ALBERT G. MILBANK, *Treasurer*
JOHN A. KINGSBURY, *Secretary*
UNITED STATES TRUST COMPANY OF NEW YORK, *Assistant Treasurer*
CATHERINE A. DORAN, *Assistant Secretary*
BERTRAND BROWN, *Editorial Assistant*

Technical Board

BAILEY B. BURRITT	JOHN A. KINGSBURY
LIVINGSTON FARRAND, M.D.	JAMES ALEX. MILLER, M.D.
HOMER FOLKS	MATTHIAS NICOLL, JR., M.D.
	WILLIAM H. WELCH, M.D., <i>ex-officio</i>
	LINSLEY R. WILLIAMS, M.D.
	LEVERETT D. BRISTOL, M.D., <i>Secretary</i>

Advisory Council

DONALD B. ARMSTRONG, M.D.	A. J. McLAUGHLIN, M.D.
EDWARD R. BALDWIN, M.D.	JAMES ALEX. MILLER, M.D.
CORNELIUS N. BLISS, JR.	FRANK J. MONAGHAN, M.D.
LEVERETT D. BRISTOL, M.D.	V. A. MOORE, M.D.
LAWRASON BROWN, M.D.	MATTHIAS NICOLL, JR., M.D.
BAILEY B. BURRITT	M. ADELAIDE NUTTING, R.N.
GEORGE F. CANFIELD	WILLIAM H. PARK, M.D.
HUGH S. CUMMINGS, M.D.	W. S. RANKIN, M.D.
HENRY S. DENNISON	E. R. A. SELIGMAN, Ph.D.
LOUIS I. DUBLIN, Ph.D.	HENRY C. SHERMAN, Ph.D.
HAVEN EMERSON, M.D.	THEOBALD SMITH, M.D.
THOMAS P. FARMER, M.D.	WILLIAM F. SNOW, M.D.
LIVINGSTON FARRAND, M.D.	FRED M. STEIN
HOMER FOLKS	PHILIP VAN INGEN, M.D.
ELIZABETH G. FOX, R.N.	LILLIAN D. WALD, R.N.
LEE K. FRANKEL, Ph.D.	WILLIAM C. WHITE, M.D.
FRANK P. GRAVES, Ph.D.	WALTER F. WILLCOX, Ph.D.
CHARLES J. HATFIELD, M.D.	FRANKWOOD E. WILLIAMS, M.D.
C. F. HAVILAND, M.D.	LINSLEY R. WILLIAMS, M.D.
ALLEN K. KRAUSE, M.D.	C.-E. A. WINSLOW, Ph.D.
DAVID R. LYMAN, M.D.	
	WILLIAM H. WELCH, M.D., <i>Chairman</i>
	JOHN A. KINGSBURY, <i>Secretary</i>